

How to Make a Decision

with Confidence, Clarity and Ease

Cut through to the essence with questions that propel you toward significance, possibility, and purposeful action ...

Why is this important to me?

Is this a step in the direction I want to go?

No Yes

When I act on this decision, what is the *least* I would need to get in return to make it worthwhile? (Could be just one idea, one new relationship.)

Am I capable of taking the first step? (Never mind anything beyond that.) No Yes

If constraints or “givens” seem to limit my choices, are they open to creative questioning?

Yes (Revisit your options and make sure they’re as expansive as possible.)

No (That’s unusual. Are you sure?)

If I could have everything exactly as I want it, what would I do?

Am I ...

Making a choice myself?

Letting circumstances, inertia, or someone else choose for me?

